

# CCBHC Grant Update

In September 2022, Lapeer County Community Mental Health (LCCMH) was awarded a four-year Certified Community Behavioral Health Clinic (CCBHC) Planning, Development, and Implementation Grant through the Substance Abuse and Mental Health Services Administration (SAMHSA). The purpose of a CCBHC is to ensure access to coordinated, comprehensive behavioral health care by prioritizing evidence-based services, quick access to treatment, and care coordination of behavioral health care, physical health care, social services, and other community resources.

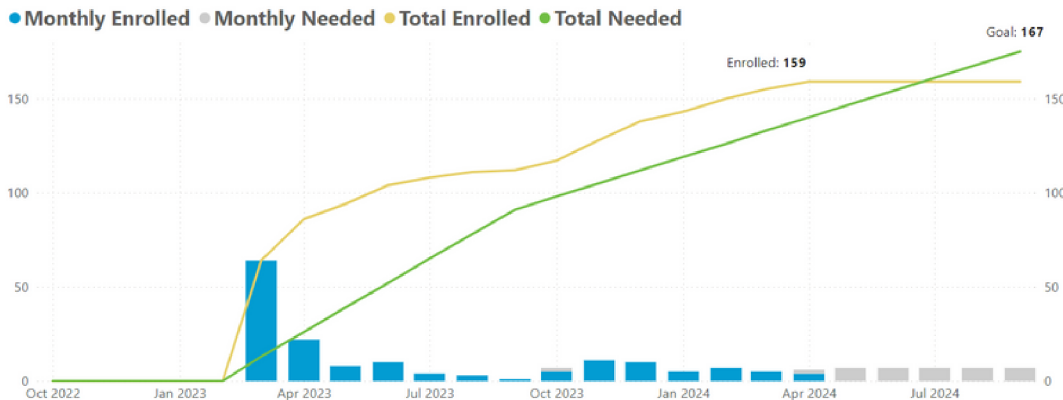
## Grant Enrollment

*LCCMH is on track to meet the year two grant enrollment goal.*

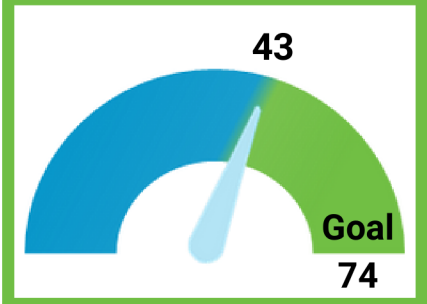
### Grant Cycle



### Enrollment by Month



### Year 2 Enrollment



## PROGRAM SPOTLIGHT

### PARENTING THROUGH CHANGE

Parenting Through Change (PTC) is an evidence-based approach that consists of 10 weeks of parent group sessions. It is an engaging, hands-on group for parents and other caregivers who have children with challenging behavior. The goal of PTC is to build skills, give hope, and enhance parenting tools. PTC emphasizes open communication, empathy, and resilience-building strategies to help families adapt despite challenges.

"I understand more about how to structure my parenting and my child's behavior."

"I feel that the PTC training has been very empowering."

"It has taught me to stay calm and control my emotions which helps my son do the same."

# Outcomes and Performance

As part of the CCBHC grant, LCCMH is tracking performance on several SAMHSA-required measures, including:

- Infrastructure, Development, Prevention, and Mental Health Promotion (IPP) indicators
- Clinical Quality Measures (CQMs)
- Program Goals and Objectives
- National Outcome Measures (NOMs)

This quarter, we are highlighting Goal 1, which focuses on providing **evidence-based practices to youth**.

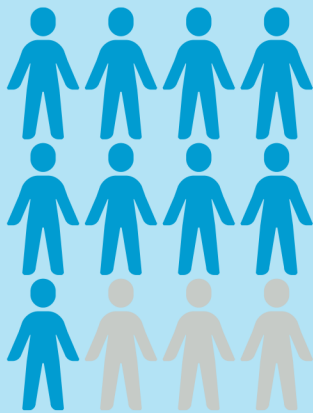
## Goal 1

### Increase the Provision of Evidence-Based Practices for Youth

#### OBJECTIVE 1.1

Increase the number of Master Level Clinicians trained in Evidence-Based Practices

Number of Clinicians trained in Evidence-Based Practices

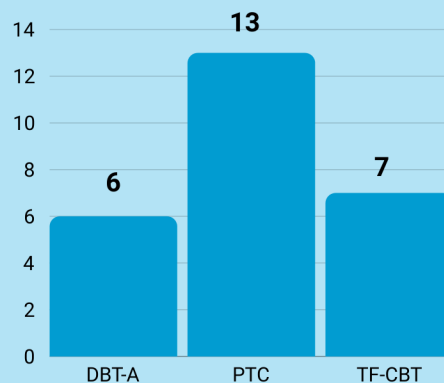


- Dialectical Behavioral Therapy for Adolescents (DBT-A)
- Parenting Through Change (PTC)
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

#### OBJECTIVE 1.2

Increase the number of persons served receiving Evidence-Based Practices

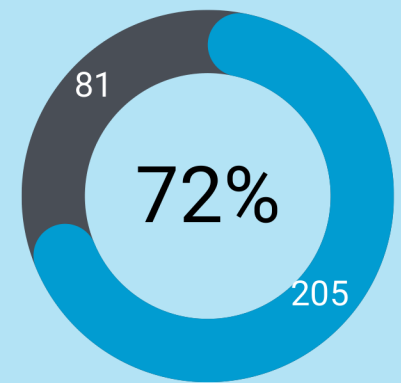
Number of Persons Served Utilizing EBPs in Grant Year 2



#### OBJECTIVE 1.3

Timely completion of CAFAS for youth persons served with Severe Emotional Disturbance (SED)

Percent of SED Youth with a CAFAS Completed in the Past 120 Days



Child And Adolescent Functional Assessment Scale (CAFAS): Assesses a youth's day-to-day functioning across critical life subscales.