

<b>CHAPTER</b> Recipient Rights	<b>CHAPTER</b> 04	<b>SECTION</b> 003	<b>SUBJECT</b> 25
<b>SECTION</b> Individual Rights		<b>DESCRIPTION</b> Restraint, Seclusion and Physical Management	
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**APPLICATION:**

<input checked="" type="checkbox"/> CMH Staff	<input checked="" type="checkbox"/> Board Members	<input checked="" type="checkbox"/> Provider Network	<input checked="" type="checkbox"/> Employment Services Providers
<input type="checkbox"/> Employment Services Provider Agencies	<input checked="" type="checkbox"/> Independent Contractors	<input checked="" type="checkbox"/> Students	<input checked="" type="checkbox"/> Interns
<input checked="" type="checkbox"/> Volunteers	<input checked="" type="checkbox"/> Persons Served		

**POLICY:**

Lapeer County Community Mental Health (LCCMH) provides for the Community Mental Health Recipient Rights Office to review the restraint and seclusion policies of contractual providers, inpatient services, and child caring institutions where restraint and seclusion use is allowed by State and Federal Rules and Regulations.

**STANDARDS / PROCEDURES:**

- A. The Recipient Rights Officer will review the policies of agency programs or sites directly operated or under contract to LCCMH for compliance with applicable state and federal rules and regulations.
- B. LCCMH programs do not permit restraint or seclusion, including chemical restraint
- C. These programs include but are not limited to:

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- Assertive Community Treatment: Mental Health (Adults)
- Assessment and Referral: Mental Health and Substance Use Disorder (Adults, Children and Adolescents)
- Case Management/Services Coordination: Mental Health (Adults, Children, and Adolescents)
- Community Integration: Mental Health (Adults)
- Community Integration: Psychosocial Rehabilitation (Adults)
- Crisis Intervention: Mental Health (Adults, Children and Adolescents)
- Intensive Family Based Services: Mental Health (Children and Adolescents)
- Intensive Family-Based Services: Mental Health (Children and Adolescents)
- Outpatient Treatment: Mental Health and Substance Use Disorder (Adults, Children, and Adolescents)
- Prevention: Family Services (Adults, Children and Adolescents)
- Prevention: Substance Use Disorders (Adults, Children, and Adolescents)

D. Except where it is permitted by statute and agency policy, the use of physical restraint or seclusion is prohibited in all agency programs or sites directly operated or under contract to LCCMH.

1. In settings where restraint or seclusion is allowed by law, policies and procedures shall comply with all applicable state and federal laws, rules and regulations, as well as any applicable accreditation standards.
2. The use of prone immobilization is prohibited unless other techniques are medically contraindicated and documented in the record.
3. The use of physical management is strictly prohibited except in situations when a person served is presenting an imminent risk of serious or non-serious harm to himself, herself, or others.
  - a. Less restrictive interventions must be used before the initiation of physical management to reduce or eliminate the risk of harm.
4. Physical management will not be included in the behavior treatment plan.

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5. Seclusion will not be used to control behavior in any of the agency's programs, directly operated and contractual service sites unless permitted by statute and agency policy.

a. A time-out of therapeutic de-escalation program is not a form of seclusion.

E. This policy also includes services to children/adolescents and persons with special needs.

**DEFINITIONS:**

**Chemical Restraint:** The involuntary emergency administration of medication as an immediate response to a dangerous behavior.

**Physical Management:** A technique used by staff as an emergency intervention to restrict the movement of an individual by direct physical contact in order to prevent the individual from physically harming himself, herself, or others. Physical management shall only be used on an emergency basis when the situation places the individual or others at imminent risk of serious physical harm. The term "physical management" does not include briefly holding an individual in order to comfort him or her or to demonstrate affection, or holding his or her hand. Physical management as defined here may only be used in situations when a person served is presenting an imminent risk of serious or non-serious physical harm to himself or herself or to others, and lesser restrictive interventions have been unsuccessful in reducing or eliminating the imminent risk of serious or non-serious physical harm. Both of the following also apply: physical management shall not be included as a component in a behavior treatment plan; and prone immobilization of a person served for the purpose of behavior control is prohibited unless implementation of physical management techniques other than prone immobilizations is medically contraindicated and documented in the plan of service of the person served.

**Protective Device:** A device or physical barrier to prevent the person served from causing serious self-injury associated with documented and frequent incidents of the behavior. A protective device as defined in the subdivision and incorporated in the written individualized plan of service shall not be considered a restraint.

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Restraint: The use of a physical device to restrict an individual's movement. Restraint does not include the use of a device primarily intended to provide anatomical support [MHC 700(i)].

Seclusion: The temporary placement of a person served in a room, alone, where egress is prevented by any means [MHC 700(j)].

Time Out: A voluntary response to the therapeutic suggestion to a person served to remove himself or herself from a stressful situation in order to prevent a potentially hazardous outcome. (AR 7001(q)). For purposes of this policy, a time out intervention program as defined herein is not a form of seclusion [AR. 7243(10)].

Therapeutic De-escalation: An intervention, the implementation of which is incorporated in the individualized written plan of service, wherein the person served is placed in an area or room, accompanied by staff who shall therapeutically engage the person served in behavioral de-escalation techniques and debriefing as to the cause and future prevention of the target behavior [AR7001(u)].

**REFERENCES:**

Michigan Mental Health Code Section 330.1700, 1740, 1752, 1755  
Administrative Rules 7001, 7243

LR & KN:rb & lr

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This policy supersedes  
#02/10003 dated 02/15/2010.  
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