

<b>CHAPTER</b> Service Delivery	<b>CHAPTER</b> 02	<b>SECTION</b> 004	<b>SUBJECT</b> 195
<b>SECTION</b> Clinical and Support Services		<b>DESCRIPTION</b> Children’s Mobile Intensive Crisis Stabilization	
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**APPLICATION:**

<input checked="" type="checkbox"/> CMH Staff	<input type="checkbox"/> Board Members	<input checked="" type="checkbox"/> Provider Network	<input checked="" type="checkbox"/> Employment Services Providers
<input type="checkbox"/> Employment Services Provider Agencies	<input checked="" type="checkbox"/> Independent Contractors	<input checked="" type="checkbox"/> Students	<input checked="" type="checkbox"/> Interns
<input checked="" type="checkbox"/> Volunteers	<input checked="" type="checkbox"/> Persons Served		

**POLICY:**

Lapeer County Community Mental Health (LCCMH) provides Children’s Mobile Intensive Crisis Stabilization (CMICS) to children in crisis situations as outlined in the Medicaid Provider Manual.

**STANDARDS:**

- A. LCCMH as a Certified Community Behavioral Health Clinic (CCBHC) ensures no prospective individual is denied access to services because of place of residence or homelessness or lack of permanent residence.
- B. CMICS services assist children in immediate crisis to work toward recovery in the least restrictive setting through the use of short-term clinical interventions. CMICS services are provided to meet the following objectives:
  - 1. Provide an immediate evaluation and intervention for children in crisis (at risk for hospitalization).

CHAPTER Service Delivery	CHAPTER 02	SECTION 004	SUBJECT 195
SECTION Clinical and Support Services		DESCRIPTION Children's Mobile Intensive Crisis Stabilization	

Provide an alternative to hospitalization through intensive crisis stabilization services in an outpatient setting.

2. Access LCCMH direct, ongoing services.
  3. Provide a support system for individuals with a Serious Emotional Disturbance (SED) thereby minimizing the need for admission or re-admission to the hospital.
  4. Effectively engage, assess, deliver and plan for appropriate interventions to minimize risk, aid in stabilization of behaviors, and improve functioning.
  5. Link the child and parent/caregiver to identified community-based supports, resources and services.
  6. Prevent/reduce the need for care in a more restrictive setting (e.g., inpatient psychiatric hospitalization, detention, etc.) by providing community-based intervention, resource development, and utilizing the natural support system within the person's environment.
- C. CMICS teams must be able to travel to the child or youth in crisis for face-to-face contact. The service response time is two hours, with a case disposition within three hours. Due to the two-hour time limit to respond for a mobile crisis, LCCMH staff only go out in the community/schools/homes if the individual resides in Lapeer County.
- D. CMICS is available 24 hours a day seven (7) days a week.
- E. CMICS services are provided by a team of master level clinicians and parent support partners.
- F. Psychiatry staff are available by phone consultation when needed by the team.

CHAPTER Service Delivery	CHAPTER 02	SECTION 004	SUBJECT 195
SECTION Clinical and Support Services		DESCRIPTION Children's Mobile Intensive Crisis Stabilization	

- G. Team members are trained in positive behavioral supports through Quality Behavioral Solutions (QBS)-Safety Care, Homebased Safety and Universal Precautions.
- H. CMICS services are available for children in the school, hospital (prior to admission), community and home setting.
- I. Services may include any combination of the following:
1. Lethality Assessment
  2. De-Escalation of the Crisis
  3. Crisis Safety Plan including person-centered interventions to protect the person served and personnel
  4. Treatment Intervention
  5. Family education and information (family psychoeducation)
  6. Referral to appropriate treatment and other community resources which may include an intake appointment for a full assessment and LCCMH ongoing services
  7. Case Coordination with primary case holder if the person is already open to LCCMH Services
- J. Entry/Re-entry Criteria:
1. Individual is under age 21 (individuals between 19 – 21 could be served under Early and Periodic Screening Diagnostic Treatment utilizing the MICS).
  2. Individual has a Severe Emotional Disturbance (SED), Intellectual/Developmental Disability (IDD), or Substance Use Disorder (SUD) diagnosis.

CHAPTER Service Delivery	CHAPTER 02	SECTION 004	SUBJECT 195
SECTION Clinical and Support Services		DESCRIPTION Children's Mobile Intensive Crisis Stabilization	

3. Individual is identified as needing mobile crisis services through the PIHP Access Line 888-225-4447 or by phone or walk-in at LCCMH building.

K. Exit/Discharge Criteria:

1. Person served is no longer in crisis and requires a less intensive level of care to meet their treatment needs.
2. Person served is successfully linked to ongoing outpatient mental health or SUD services.
3. Person served requires a higher level of care to meet their treatment needs (such as hospitalization or institutional placement).
4. After three contact attempts by CMICS staff, person served has not been seen and the parent(s)/guardian(s) do not respond to contact attempts by phone or outreach.
5. Person served has died.

- L. Refer to 02.004.195 Children's Mobile Intensive Crisis Stabilization work instructions.

**DEFINITIONS:**

**Crisis:** A child is experiencing a serious emotional disturbance and one of the following applies:

- The parent/caregiver has identified a crisis and reports their capacity to manage the crisis is limited at this time and they are requesting assistance.
- The child or youth can reasonably be expected within the near future to physically injure self or another individual, either intentionally or unintentionally.
- The child or youth exhibits risk behaviors and/or behavioral/emotional symptoms which are impacting their overall functioning; and/or the current functional impairment is a clearly observable change compared to previous functioning.

CHAPTER Service Delivery	CHAPTER 02	SECTION 004	SUBJECT 195
SECTION Clinical and Support Services		DESCRIPTION Children's Mobile Intensive Crisis Stabilization	

- The child or youth requires immediate intervention in order to be maintained in their home or present living arrangement or to avoid psychiatric hospitalization or other out of home placement.

**Crisis Residential:** Monitored 24-hour out of home services under psychiatric supervision with therapeutic support services and medication management, intended to provide a short-term alternative to inpatient psychiatric services for beneficiaries experiencing an acute psychiatric crisis when clinically indicated. Services may only be used to avert an inpatient psychiatric admission, or to shorten the length of an inpatient stay.

**Family Psycho-Education:** Substance Abuse and Mental Health Services Administration Evidence Based Model for individuals with serious mental illness and their families which includes family educational groups, skills workshops, and joining.

**Inpatient Psychiatric Hospital:** A 24-hour medically structured and supervised facility.

**Lethality Assessment:** Establishing the degree of intention and means to carry out harm to self and/or harm to others based on current behavior, recent behavior, past history and other factors as identified in the Michigan Medicaid Provider Manual for Inpatient Admission Criteria for children through age 21.

**Parent Support Partners:** Parents and caregivers of youth with behavioral, emotional, or mental health disorders who have firsthand experience and knowledge that can help enhance family engagement, guide resource navigation, and broaden opportunities for family decision-making.

**Serious Emotional Disturbance:** Children birth up to age 18 who currently or at any time during the past year who have had a diagnosable mental, behavioral, or emotional disorder. This diagnosis results in functional impairment, which substantially interferes with or limits the child's role or functioning in family, school, or community activities.

## REFERENCES:

Michigan Medicaid Provider Manual  
02.004.195 Children's Mobile Intensive Crisis Stabilization work instructions

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